

Trainingsblokschema 2022-2023

| MAANDAG |            |        |        |        |            |        |        | DINSdag |        |            |        |        | WOENSDAG |        |            |        |        | DONDERDAG (muv dec 2022 tm mrt 2023) |            |        |        |        |        |         |        | VRIJDAG |        |
|---------|------------|--------|--------|--------|------------|--------|--------|---------|--------|------------|--------|--------|----------|--------|------------|--------|--------|--------------------------------------|------------|--------|--------|--------|--------|---------|--------|---------|--------|
|         | sporthal 1 |        |        |        | sporthal 2 |        |        |         |        | sporthal 1 |        |        |          |        | sporthal 1 |        |        |                                      | sporthal 2 |        |        |        |        | de Slag |        |         |        |
|         | deel 1     | deel 1 | deel 2 | deel 2 | deel 3     | deel 4 | deel 5 |         | deel 1 | deel 1     | deel 2 | deel 2 |          | deel 1 | deel 1     | deel 2 | deel 2 |                                      | deel 1     | deel 1 | deel 2 | deel 2 | deel 3 | deel 4  | deel 5 |         | -      |
| 17.00   | veld 1     | veld 2 | veld 3 | veld 4 | veld 5     | veld 6 | veld 7 | 17.00   | veld 1 | veld 2     | veld 3 | veld 4 | 17.00    | veld 1 | veld 2     | veld 3 | veld 4 | 17.00                                | veld 1     | veld 2 | veld 3 | veld 4 | veld 5 | veld 6  | veld 7 | 17.00   | veld A |
| 17.30   |            |        |        |        |            |        |        | 17.30   |        |            |        |        | 17.30    |        |            |        |        | 17.30                                |            |        |        |        | CMV    | CMV     | CMV    | 17.30   |        |
| 18.00   |            |        |        |        |            |        |        | 18.00   |        |            |        |        | 18.00    |        |            |        |        | 18.00                                |            |        |        |        |        |         |        | 18.00   |        |
| 18.30   |            |        |        |        |            |        |        | 18.30   |        | A1         | B2     | Leon   | 18.30    |        |            |        |        | 18.30                                |            |        |        | D3     |        |         |        | 18.30   | B2     |
| 19.00   |            |        |        |        |            |        |        | 19.00   |        | Rieks      | Bavi   |        | 19.00    |        |            |        |        | 19.00                                | C1         | C2     |        | Alex   | A1     |         |        | 19.00   | Bavi   |
| 19.30   |            |        |        |        |            |        |        | 19.30   |        |            |        |        | 19.30    |        |            |        |        | 19.30                                | C1         |        |        |        |        |         |        | 19.30   |        |
| 20.00   |            |        |        |        |            |        |        | 20.00   |        |            |        |        | 20.00    |        |            |        |        | 20.00                                | Marielle   | Judith |        |        | Rieks  |         |        | 20.00   |        |
| 20.30   |            |        |        |        |            |        |        | 20.30   |        |            |        |        | 20.30    |        |            |        |        | 20.30                                |            |        |        | B1     |        |         |        | 20.30   |        |
| 21.00   |            |        |        |        |            |        |        | 21.00   |        |            |        |        | 21.00    |        |            |        |        | 21.00                                |            |        |        |        |        |         |        | 21.00   |        |
| 21.30   |            |        |        |        |            |        |        | 21.30   |        |            |        |        | 21.30    |        |            |        |        | 21.30                                |            |        |        |        |        |         |        | 21.30   |        |
| 22.00   |            |        |        |        |            |        |        | 22.00   |        |            |        |        | 22.00    |        |            |        |        | 22.00                                |            |        |        |        |        |         |        | 22.00   |        |
| 22.30   |            |        |        |        |            |        |        | 22.30   |        |            |        |        | 22.30    |        |            |        |        | 22.30                                |            |        |        |        |        |         |        | 22.30   |        |
| 23.00   |            |        |        |        |            |        |        | 23.00   |        |            |        |        | 23.00    |        |            |        |        | 23.00                                |            |        |        |        |        |         |        | 23.00   |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |
|         |            |        |        |        |            |        |        |         |        |            |        |        |          |        |            |        |        |                                      |            |        |        |        |        |         |        |         |        |

| DONDERDAG dec 2022 tm mrt 2023 |        |        |        |            |        |        |     |
|--------------------------------|--------|--------|--------|------------|--------|--------|-----|
| sporthal 1                     |        |        |        | sporthal 2 |        |        |     |
| deel 1                         | deel 1 | deel 2 | deel 2 | deel 3     | deel 4 | deel 5 |     |
| veld 1                         | veld 2 | veld 3 | veld 4 | veld 5     | veld 6 | veld 7 |     |
| 17.00                          |        |        |        |            | CMV    | CMV    | CMV |
| 17.30                          |        |        |        |            |        |        |     |
| 18.00                          |        |        |        |            |        |        |     |
| 18.30                          |        |        |        |            |        |        |     |
| 19.00                          |        |        |        |            |        |        |     |
| 19.30                          |        |        |        |            |        |        |     |
| 20.00                          |        |        |        |            |        |        |     |
| 20.30                          |        |        |        |            |        |        |     |
| 21.00                          |        |        |        |            |        |        |     |
| 21.30                          |        |        |        |            |        |        |     |
| 22.00                          |        |        |        |            |        |        |     |
| 22.30                          |        |        |        |            |        |        |     |
| 23.00                          |        |        |        |            |        |        |     |